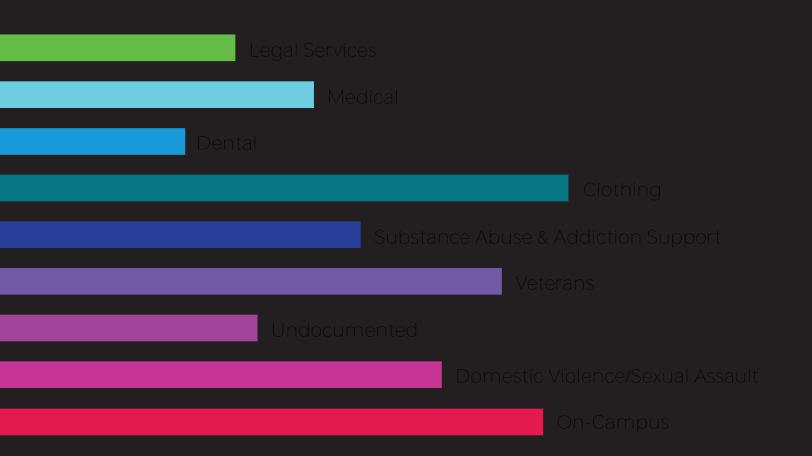


Healthy Viking Student Resource Guide



Grateful Hearts

5420 Katella, Los Alamitos, CA 90720

Housing continued

Precious Life

3622 Florista St., Los Alamitos, CA 90720

(562) 431-5025 www.preciouslifeshelter.org

Mon.-Fri. 9AM-5PM

Residential/supportive services for homeless pregnant women. 30 days of no cost housing/ case management.

Su Casa

3750 E. Anaheim St. Ste 100, Long Beach, CA 90804 (562) 421-6537

Hotline: (562) 402-4888

www.sucasadv.org

Mon.-Fri. 9AM-5PM

Emergency shelter and transitional housing for women/children affected by domestic violence.

Mental Health

College Medical Center

2776 Pacif c Ave., Long Beach, CA 90806

(562) 997-2000 www.chc.la

24 hours a day, 7 days a week.

Inpatient-Crisis Intervention, psychiatric evaluation,

Accepts Medi-Cal. Some out of pocket costs

24-Hour Crisis Line (855) 844-8898

National Alliance on Mental Illness (NAMI) Long Beach

5230 Clark Ave, Suite 2, Lakewood, CA 90712

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Disability

Ability First Long Beach Center

3770 E Willow St, Long Beach, CA 90815 (877) 768-4600 www.abilityf rst.org 70 E WDisability



Dental

All Children's Dental

1307 S. Euclid St., Anaheim, CA 92802

(714) 808-0228

Mon-Wed-Fri: 9AM - 6PM, Tues-Thurs: 10AM - 7PM,

Sat: 8AM - 3PM

Dental care & orthodontist. Accepts Medi-Cal.

AltaMed and Dental Group

8041 Newman Ave., Huntington Beach, CA 92647

(714) 500-0400 www.altamed.org

Mon/Wed/Fri/Sat/Sun: 8AM-5PM

Tues/Thurs 9AM-5PM Lunch from 12PM - 1PM

General dental services. Sliding fee based on income.

Accepts Medi-Cal or cash, Call for more information

Earl B. and Lorraine H. Miller Foundation Orthodontic Center

6220 E. Spring St., Long Beach, CA 90815

(562) 425-9453

www.allb.org

Mon.-Fri. 8:30AM-5PM

Low-cost orthodontic care for children ages 6-17 in LB, Lakewood and Signal Hill or attend Long Beach Unif ed School District. Sliding Scale. \$100 start up fee. New patients accepted every 3 months.

Family Dental (Two Locations)

3317 E. 10th St., Long Beach, CA 90804

(562) 438-2500

5828 Cherry Ave., Long Beach, CA 90805

(562) 422-6838

www.lbfamilydental.com

Mon-Fri: 10AM-6PM

General dental services, orthodontics, and oral surgery. \$49 exam and X-rays (includes oral cancer screening, excludes cleaning).

Harbor UCLA Medical Center

1000 W. Carson St., Torrance, CA 90509

(323) 653-1990

www.harbor-ucla.org

Emergency Clinic 24 hours. Outpatient Clinic. Tooth extractions only. Sliding fee based on income. LA county residents only. Call for appointment and off ce hours.

HIV Dental C.A.R.E. Dental

1027 Linden Ave. Suite C, Long Beach, CA 90813

(562) 624-4949

www.dignityhealth.org

Mon.-Fri. 8:30AM-4:30PM

Free dental services for HIV positive individuals without insurance. Needs a physician's referral to obtain an appointment.

Marina Smiles Dentistry

 $6437\,E$. Pacif c Coast Highway Unit A-6, Long Beach, CA 90803

(562) 280-5200

www.marinasmilesdentistry.com

Mon-Thur: 8AM-5PM Fri: 8AM-4PM

General dental services, oral surgery, periodontics, endodontics. \$59 coupon for cleaning, exam, digital X-rays for the f rst time new patients (Must get coupon).

The Children's Dental Health Clinic

455 E. Columbia St. Suite 32, Long Beach, CA 90806

(562) 933-3141

www.cdhc.org

Mon.-Fri. 7AM-4PM

Exams, X-rays, oral surgery for ages 1-21. Sliding scale.

Accepts Medi-Cal.

Clothing

Long Beach City Multi Service Center

1301 W. 12th St., Long Beach, CA 90813

Christian Outreach In Action

515 E. 3rd St., Long Beach, CA 90802

First Baptist of Long Beach

1000 Pine Ave., Long Beach, CA 90813

Long Beach Community Services Center

123 E. 4th St., Long Beach, CA 90813

Lutheran Social Services

1611 Pine Ave.. Long Beach, CA 90813

LBCC Viking Closet

4901 E Cars-US1 BDC BT/TT2 1 Tf9 0 0 9 315 51 Tm (13:HH) SI (14:0) 13:HH

Substance Abuse and Addiction Support

Substance Abuse Service Helpline

(844) 804-7500

24 hours a day, 7 days a week www.publichealth.lacounty.gov/sapc

Operated by the Los Angeles County Department of Public Health, this hotline provides screening, resources and service referrals regarding substance use disorders.

Tarzana Treatment Centers

5190 Atlantic Ave., Long Beach, CA 90805

Women's Shelter of Long Beach: Domestic Violence Resource Center

4201 Long Beach Blvd., Ste. 102, Long Beach, CA 90807 (562) 437-7233 www.womenshelterlb.org
Open M-F: 8am-5pm

24-Hour Domestic Violence Hotline (562) 437-4663

30 days of emergency shelter for victims of domestic violence. They serve women, men and children.

YWCA Sexual Assault Crisis Services

920 Atlantic Ave., Ste 100, Long Beach, CA 90813 (562) 590-6400 www.ywca.org

On-Campus continued

Financial Aid

Liberal Arts Campus: A-1075
Pacif c Coast Campus: GG-102
(562) 938-4485 www.lbcc.edu/f nancial-aid

Mon.–Thurs. 8AM-5PM, Fri. 8AM–12PM

Everything you need to know about what college costs and which resources can help you.