

Study Skills Workshop: Habits of Successful College Students

There are certain ways for you to approach your work that contributes to your success. This will focus on the 10 major habits necessary to develop a more successful approach to your classes.

What are the 2 main reasons for a student's success in college?

- 1.
- 2.

Now let's work through the handout along with the video.

Your thoughts

4. They always come to class prepared. This means consistently having the course syllabus, the textbook (required by the instructor), a notebook containing past handouts, past notes, paper for new notes, pen, pencils, scantrons on test days,

Your thoughts

5. They are consistently on time or even a little early. So they can be prepared for the class. Being on time pretty much without fail is a sign of respect for the instructor and class, it's a demonstration that school is important to them, and it's an important personal habit to apply in situations like

Your comments:

6. They are respectful to the instructor and to classmates. This means that they pay attention during lectures regardless of whether or not the topic being discussed is interesting (by staying awake, sitting up, working hard to listen, maintaining at least fairly frequent eye contact, etc.). In addition, they avoid anything that will be distracting to others in the room. This includes having conversations with classmates, having their cell phone ring, text messaging, or doing anything related to what's going on in class.

#_____To improve in that area this semester, I

Congratulations on completing this video workshop! No student can pick up all necessary college-going habits at once. Constituting some of these into your student system is a strong way to gain control of your academic situation. A good place to start is with this video. You might want to continue with another video, perhaps [Organizing Your Study Time](#), which would be helpful.